

# **IRAA School Emergency Preparedness**

A Project of the Western Regional Homeland Security Advisory Council

# District Emergency Plan

## Introduction

For generations, schools have been a safe haven for our children and youth in the Commonwealth of Massachusetts and in the United States. Families trust that their children will be educated, nurtured and cared for when away from home at school-based activities. Schools have developed and adopted comprehensive emergency and disaster protocols with team approaches to preparedness, recovery, response and mitigation. Many school districts have developed outstanding collaborations with first responders and public safety to test plans through scheduled exercises and drills. Public health and community based organizations are frequently involved with schools in an "all-hazards" approach to emergency preparedness.

Nationally and regionally, significant progress has been made with emergency preparedness in the wake of tragic events such as the shootings at Columbine High School, school bus accidents and other man-made or natural disasters. Yet, while many schools have readiness plans, the resources to address vulnerabilities vary widely among communities for faculty/staff and students requiring additional assistance.

The Individuals Requiring Additional Assistance Preparedness Project (IRAAPP) funded by the Western Region Homeland Security Advisory Council has developed materials and trainings that address the needs of diverse and vulnerable populations in crisis situations. Following best practices from national models, IRAAPP in Western Massachusetts successful trained representatives from community based organizations, emergency response, disability advocates and caregivers to be ready to respond and recover from small or large-scale emergencies or disasters.

Conversations with educators and other professionals who regularly interact with Individuals Requiring Additional Assistance (IRAA) in school settings, coupled with research and policy reviews revealed that school districts across Western Massachusetts have well defined emergency plans. Deficits were identified, however, with the lack of specific emergency plans for special needs students and the faculty/staff and caregivers who tend to their cognitive, behavioral, transportation and medical needs.

The IRAA School Emergency Preparedness project provides guidance for school districts to mediate these deficits.

# Acknowledgments

This project has been made possible through funding by the Western Region Homeland Security Advisory Council (WRHSAC). The Pandemic Flu subcommittee of the WRHSAC initiated the four county/Western Region model that brought multi-disciplinary professionals together from diverse communities to address the needs of individuals requiring additional assistance throughout Western Massachusetts. The Pandemic Flu subcommittee has continued to advocate for the inclusion of IRAA in all hazards emergency preparedness, response, recovery and mitigation.

The Disability Law Center with offices in Boston and Northampton, Massachusetts has provided legal guidance and direction for the IRAAPP. Attorney Nancy J. Murphy served as the project manager for the formation of the materials, trainings and conference presentations. Consultation for IRAA SEP has included the expertise of Attorney Murphy and the DLC, from whom the project has benefitted tremendously.



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# Why IRAA SEP?

"Preparing for emergencies through the lens of IRAA (Individuals Requiring Additional Assistance) ensures that safer schools for all students, faculty/staff, families and the community are created."

-Kathleen Conley Norbut, M.Ed., LMHC IRAA School Project Manager

Emergencies and disasters, whether they are natural or man-made, can impact Individuals Requiring Additional Assistance (IRAA) more than other people. Many emergency or disaster situations have little or no warning for communities, emergency personnel, schools, students and families to prepare and respond. Emergency systems seem to have been traditionally designed for people who can talk, walk, run, drive, see and hear. When emergency incidents occur, quick action and instruction may be delivered by first responders through alerts and evacuation orders in order to save lives and property. IRAA students, faculty and staff may face obstacles and compounded challenges with these tasks.

These obstacles may include cognitive/intellectual, physical/medical, communication, behavioral/emotional and transportation needs.

Children with special needs may be at greater risk than other children when facing disasters. These children may need a special diet, may have an IEP or 504 plan that delineates their specialized educational, therapeutic, medical, dietary and behavioral needs. Medicine, medical equipment, assistive technology and consistent routines with familiar personnel may be needed. IRAA students may need help with Activities of Daily Living (ADLs) and unable to respond to novel situations without significant assistance.

# Administrators and Policy Makers

There is great concern and emphasis on school safety in our communities and across the Commonwealth. Recent tragic events with bullying, violence and other threats in public schools have captured national attention. We are concerned about our children and the people who care for and educate them on a daily basis. Over the past decade school districts have developed safety plans for evacuation, "lock-downs," sheltering, pandemic influenza and other scenarios. Individuals Requiring Additional Assistance School Emergency Preparedness was developed to consider the specific and unique needs of students requiring additional assistance in emergency or disaster situations.

#### LEADERSHIP

Leadership is required to successfully plan for school safety. First responders and public health emergency preparedness experts recommend all-hazards preparedness planning to protect all members of the school community. Empowering the people who work with and care for students with access and functional needs including transportation personnel, administrators, policy makers, custodians, nursing staff, parents/guardians and other stakeholders is essential. Inclusive IRAA SEP policies, procedures, training and communication improves outcomes when responding to and recovering from a school-based emergency or disaster.

There are three major tenets to the IRAA SEP project.

- School safety and comprehensive preparedness planning require IRAA SEP district plans that incorporate training and empowerment of faculty, staff, parent/guardians and advocates for access and functional needs students.
- IRAA students require a specific and unique Personal Emergency Plan (PEP) that articulates the individualized needs of the student in an emergency or disaster.
- Communicating, training and exercising the plans must be incorporated into the standard operating procedures of the school district with close collaboration with stakeholders including: administrators, faculty/staff, parents/guardians, advocates and students.

IRAA SEP recommends developing a specific individualized personal emergency plan (PEP) that spells out the nature of each child's additional needs and/or disability and the accommodations that are required. This will help ensure that faculty, first responders and parents/guardians act appropriately during an emergency situation.

IRAA SEP has suggested <u>introducing</u> the PEP during the IEP or 504 processes when the entire team is gathered with parents/guardians, advocates. This is an opportune time to communicate the variables that should be considered that for the specific student in an emergency or disaster situation. IRAA PEP should be maintained and administered with secure and confidential protocols similar to IEP, 504 and medical records.

Many districts will prefer a <u>separate</u> safety meeting to discuss SEP plans for students requiring additional assistance. Parent education forums, PAC workshops, and webbased access to IRAA SEP documents are strategies that may be used to develop PEP for students.

"Children and youth rely on and find great comfort in the adults who protect them. Teachers and staff must know how to help their students through a crisis and return them home safely. Knowing what to do when faced with a crisis can be the difference between calm and chaos, between courage and fear, between life and death." (Practical Information on Crisis Planning a Guide for Schools, page 7)

### AMERICANS WITH DISABILITIES ACT

A brief synopsis with reference to further detailed information about ADA may be useful to stakeholders at this point.

Title I of the ADA provides that no covered entity shall discriminate against a
qualified individual with a disability because of the disability in regard to job
application procedures, the hiring, advancement, or discharge of employees,
employee compensation, job training, and other terms, conditions, and privileges
of employment.

- Title II of the ADA provides that no qualified individual with a disability shall be
  excluded from participation in or be denied the benefits of the services,
  programs, or activities of a public entity or be subjected to discrimination by any
  such entity. "Public entity" is defined as state and local governments, any
  department or other instrumentality of a state or local government and certain
  transportation authorities. Thus, emergency services operated by a state or local
  government cannot discriminate against individuals with disabilities.
- Title III provides that no individual shall be discriminated against on the basis of disability in the full and equal enjoyment of the goods, services, facilities, privileges, advantages, or accommodations of any place of public accommodation by any person who owns, leases (or leases to), or operates a place of public accommodation. Entities that are covered by the term "public accommodation" are listed in the statute and include, among others, hotels, restaurants, theaters, auditoriums, laundromats, museums, parks, zoos, private schools, day care centers, professional offices of health care providers, and gymnasiums.

Citation (42 U.S.C. S12112(a), 42 U.S.C. S12131-12133.42, U.S. C. 912182, 42U.S.C. 912181).

## DEPARTMENT OF JUSTICE GUIDE

The Department of Justice has observed that, "One of the most important roles of local government is to protect their citizenry from harm, including helping people prepare for and respond to emergencies. Making local government emergency preparedness and response programs accessible to people with disabilities is critical part of this responsibility. Making these programs accessible is also required by the ADA." Citation (http://www.usdoj.gov/crt/ada/emergencyprep.htm).

It is therefore incumbent upon local government to reach further into School Emergency Preparedness (SEP) with district-wide and Personal Emergency Plans (PEP) for students requiring additional assistance.\*

<sup>\*</sup>Personal Emergency Preparedness Plan, See: Workbooks, beginning on page 47.

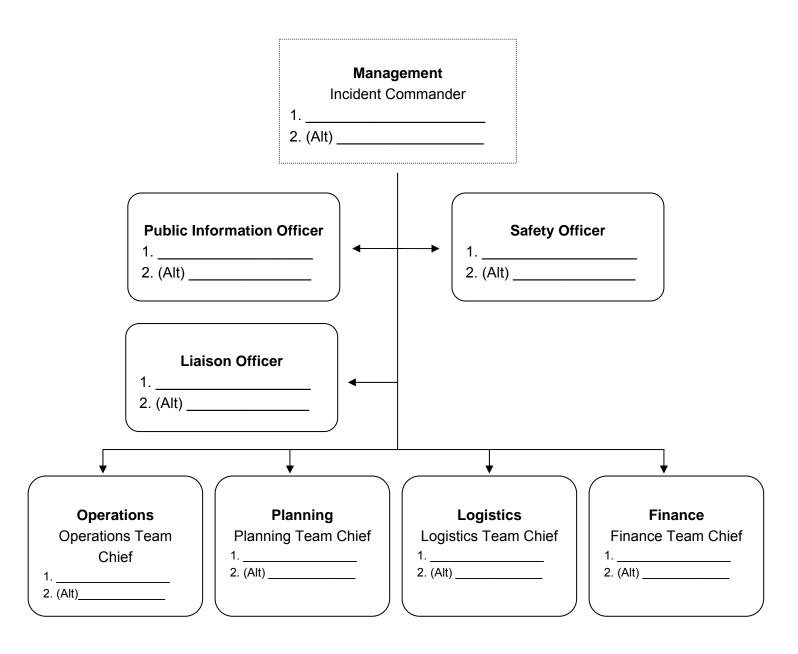
## INCIDENT COMMAND SYSTEM - SCHOOL EMERGENCY PREPAREDNESS

The National Incident Management System (NIMS) is the Federal standard for responding to disasters.

Understanding that the Incident Command System is the core of NIMS will allow you to organize for managing any situation, coordinate with your community partners, and "speak the language" of professional responders. Incident Command System trainings are available at no-cost online through the Federal Emergency Management Agency (http://www.fema.gov) and regionally through the Massachusetts Emergency Management Agency.

For the above reasons and for your convenience, pages 10-14 are included in the District Emergency Plan to provide a template to assign personnel and documentation for your district's Incident Command System. This documentation is useful for internal as well as external communications.

## INCIDENT COMMAND SYSTEM - DIAGRAM OF LEADERSHP ROLES



## INCIDENT COMMAND SYSTEM - FUNCTIONS

## MANAGEMENT - INCIDENT COMMANDER

Leads the response; appoints and empowers team leaders; sets tone and standards for response. The Incident Commander (IC) encourages teamwork and communications.

Incident Commander – Supe	erintendent or Alternate
1	Emergency Phone
2. (Alternate)	Emergency Phone
·	people responding to the incident. Assesses hazards of the iring additional assistance as well as the general population commander (IC).
Safety Officer – Facility Man	ager or Resource Officer
1	Emergency Phone
2. (Alternate)	Emergency Phone
Public Information Officers re	FICER stributes messages to the public and local community. equire training in crisis communication and accessible mation to diverse populations.
1.	Emergency Phone
2 (Alternate)	

## LIAISON OFFICER

Coordinates and communicates with all jurisdictions responding to the incident and acts as the liaison between the Incident Commander/Command Staff and top-ranking officials of each organization.

Liaison Officer	
1	_Emergency Phone
2. (Alternate)	Emergency Phone

## **OPERATIONS TEAM**

Handles key actions including first aid, search and rescue, fire suppression and securing the site. Evacuation and sheltering of students requiring additional assistance will be orchestrated by the operations team. Therefore, the team should include personnel knowledgeable and skilled with meeting the specific needs of IRAA students and faculty.

Operations Team Chief	
1	Emergency Phone
2. (Alternate)	Emergency Phone
	ssary resources (supplies and people) to respond s can be heightened through advance
collaboration with community based o	
Logistics Team Chief  1.	Emergency Phone
2. (Alternate)	Emergency Phone
communicating. The school crisis tea	d keeps all team members informed and m is generally the best skilled in this area to epulation and students requiring additional
Planning Team Chief – School Crisis 1.	Team Leader Emergency Phone
2. (Alternate)	Emergency Phone

F	IN	Α	N	CE	: Т	F	ΔΙ	М
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Tracks all expenses,	claims and	activities	and is th	ne record	keeper f	or the i	ncident.
Finance Team Chief	<ul><li>Business</li></ul>	Manager					

1	Emergency Phone
2. (Alternate)	Emergency Phone

### FISCAL CONSIDERATIONS

It is a good idea for schools to be aware of its cost of normal operations; estimate cost increases that might arise from emergencies and be familiar with eligibility and other prerequisites for aid and reimbursements from Federal Emergency Management Agency (FEMA) and other agencies.

Some topics to explore include the following:

- 1. Copies of Financial Support Documentation to have ready
- Insurance policies
- The deed or lease for your facilities
- Bank information, with all of your account numbers, including personnel contacts
- Legal identification, such as taxpayer ID number and evidence of exemption status
- Memoranda of Understanding (MOUs)

## 2. Liquid Assets

- How much cash do you keep in "petty cash"?
- 3. Credit Cards/ Lines of Credit
- What credit cards does the district own?
- Where are they?
- What are the limits of each?
- Who can sign on each?
- Do they have emergency credit extensions?
- Do you have a line of credit immediately available?
- Who can access the money?

Reminder: Keep this information updated.

Be sure it reflects any staff or policy changes!

## District/Organization Emergency Plan

## CONTINUITY OF OPERATIONS PLAN (COOP)

Make sure you are clear on the School District priorities for services to IRAA students. It is recommended that each school district have continuity of operations plans that are under the direction of each building principal. Copies of the school district's COOP should be stored with protection of confidentiality in both electronic and hardcopy in the central office locations and a second off-site secure area.

Back-up and redundancy in emergency preparedness are key planning strategies. This ensures that records and information that may be destroyed in the disaster are accessible at an alternate site.

Your organization should clarify what its mission and priorities will be in the aftermath of a major disaster. It is important for schools working with at-risk clients on a daily basis to know their students' needs and how to support their recovery following a disaster.

Some guestions to include:

- 1. What are the predictable needs of the students you serve in emergencies?
- 2. Will the needs of the students you serve require you to expand services in a disaster's aftermath?
- 3. Will you need to consider providing new or different services?

### CRISIS TEAM TRAINING AND DRILLS OF IRAA SEP PLANS

Discuss the need for inclusion of Special Education teachers and aides, nurses, clinical personnel for IRAA as members of the school district's Crisis Team. Crisis Team members should be familiar with Incident Command System and have a personal and family emergency plan completed.

- What type of services are you going to provide for your IRAA students when disaster strikes?
- Does your current mission statement encompass how you see the schools functioning and providing services to IRAA students in a disaster?
- Sample drills may be found at: http://www.safeamericaprepared.org/pdf/DD3.pdf
- Collaboration with local and regional emergency responders and public health exercises and drills will improve schools readiness.

"Knowing how to respond quickly and efficiently in a crisis is critical to ensuring the safety of our schools and students. The midst of a crisis is not the time to start figuring out who ought to do what. At that moment, everyone involved – from top to bottom – should know the drill and know each other."

—Margaret SpellingsU.S, Secretary of Education, 2005-2009

## PREPARING PERSONNEL FOR EMERGENCIES

Make sure your staff is mentally, physically and emotionally prepared to respond.

It is recommended that faculty and staff who require additional assistance have their needs articulated to appropriate supervisors, administrators or nursing staff.

In an emergency, the first concern of staff will be the safety and welfare of their own family members.

- 1. Have all staff and key volunteers trained in basic emergency preparedness on a regular basis. IRAA SEP recommends district-wide "Let's Make a Plan!" training, followed by annual review of personal and family emergency plans. It is recommended that new faculty/staff complete "Let's Make a Plan!" as part of their orientation training.
- 2. Encourage and support faculty/staff and key volunteers to have a copy of their "Let's Make a Plan!" both at home and at work.\* This increases the likelihood that they and their families can cope with the disaster without outside help and will be available to respond and recover from an event.
- Your district will want to ensure that all staff members have an opportunity to check on their homes and family members as soon as possible following a disaster.
- 4. Include transportation, maintenance, custodial, food services, school resource officers, nursing staff, substitute and part-time personnel in school emergency preparedness training and drills.

<sup>\*</sup>Let's Make a Plan! See: Workbooks, beginning on page 37.

## STAFFING PLANS AND BACK-UP

Discuss making sure you have enough people to do wht needs to be done for a postdisaster response.

Determine your staffing requirements for post-disaster response.

1.	The district has a list of faculty/staff home telephone numbers for emergency use.
	Yes Needs Improvement
2.	The district updates the telephone lists every 6 months.
	Yes Needs Improvement
3.	The district has assessed how many IRAA students and faculty are in each facility.
	Yes Needs Improvement
4.	Substitute teachers and temporary personnel receive training on district safety
	protocols including emergency preparedness.
	Yes Needs Improvement
5.	The district collaborates with local and regional emergency planning committees
	and First Responders.
	Yes Needs Improvement
6.	The number (or percentage) of faculty/staff trained in Incident Command System
	(ICS) and personal/family, school emergency preparedness.
7.	The district has identified and defined the role of the Safety Officer?
	Yes Needs Improvement
8.	Are families of IRAA students/faculty or staff included in the district's emergency
	preparedness plans? Using the "Let's Make a Plan!" and "Personal Emergency
	<b>Plan,"</b> school districts may record the most critical contacts that need to be made.
	Yes Needs Improvement
9.	What else will be needed (e.g., bedding medicine, special equipment, etc.)?
	Where can you get these items?
	a) Item:
	Location:
	b) Item:
	Location:

If not, what measurable steps can the district take in the next 90 days to inclusion of the above stakeholders?	mprove the					
If so, how?						
Yes Needs Improvement						
them take part in your preparedness and response efforts as full partners	and helpers?					
can be instilled in your policy makers, faculty/staff, IRAA students and families to let						
The school district's emergency preparedness plans consider what training	g and skills					

## See: Workbooks Section

- Preparing Faculty, Staff and Families for Emergencies: "Let's Make a Plan!"
- Preparing IRAA Students for Emergencies: "Personal Emergency Plan"

# **Facilities Preparation**

□ Remove fire and chemical hazards

 $\hfill \square$  Install smoke detectors, fire extinguishers, cabinet latches

1		
ON-SITE SUPPLIES		
cache of emergency preparaize and diversity of your fa	redness supplies. The exact	ential visitors. Check each box
established in your school		Che mat have been
<ul> <li>□ Food and water</li> <li>□ First Aid supplies</li> <li>□ Light/Flashlights</li> <li>□ Radio(s)</li> <li>□ Batteries</li> </ul>	<ul><li>□ Whistles</li><li>□ Blankets</li><li>□ Garbage bags</li><li>□ Duct tape</li><li>□ Extra Cash</li></ul>	<ul> <li>□ Necessary medicines*</li> <li>□ Alcohol hand cleaner*</li> <li>□ Thermometer*</li> <li>□ Personal hygiene</li> <li>supplies*</li> </ul>
One way to do this is by "cy longer shelf life before they	ycling" the food and water. "I go bad.	need to be replaced regularly. Non-perishables" have a much
PHYSICIAL PLANT PRE	PARATION	
· ·	ollowing steps for physical pla	AA students, faculty and staff. ant safety – <u>Check each box</u>
<ul><li>Secure pictures and</li></ul>	other wall hangings by using	safety hooks
☐ Clear exits and path	ways	
☐ Fasten breakables to	walls or shelves with museu	ım wax
☐ Lower heavy items to	bottom shelves	

☐ Label fire exits and s	afety supplies	
, , ,	s and water shut-off valves. Pone (in all languages needed).	•
•	located set of tools to facilitate pip and crescent wrenches.	prompt gas shut-off. Tools
Sketch your facility and not	e vital emergency resources in	cluding:
Fire extinguishers	First-Aid Supplies	Escape Routes
<ul> <li>Go-Kits</li> </ul>	<ul> <li>Water Shut-off</li> </ul>	<ul><li>Generators(s)</li></ul>
<ul> <li>Tool Kits</li> </ul>	<ul> <li>Gas Shut-off</li> </ul>	<ul> <li>Documents Safe</li> </ul>
<ul> <li>Supply Cache</li> </ul>	•	•
•	•	•
• •	tilize GIS or other mapping fea	tures.
Yes Needs Improvem		
f yes, how is it accessible?		

# Faculty and Staff

## IRAA SCHOOL/CLASSROOM GO-KIT

Make sure you can operate even if you evacuate. If you need to evacuate your facility, a School and Classroom Go-Kit will allow you to continue providing your most vital services wherever you go. This small, portable container should hold copies of every document as well as some basic supplies such as pen and paper.\*

Some basic contents of a District/School Go-Kit are listed below – <u>Check each box</u> below for the items that your district has completed:

□ Your Disaster Plan
<ul> <li>Important documentation: Student Records, CD or Flashdrive</li> </ul>
<ul> <li>Legal identification, such as your license and student ID cards</li> </ul>
☐ Memoranda of Understanding (MOU's) among collaborating emergency supports
□ Contact, and Emergency Contact, Information for your staff and key contacts
□ Backup of financial, staff and student records
□ First Aid Kit with instructions
□ Flashlight (battery operated + batteries)
□ Whistle and hat (for teacher identification)
The District has school emergency go-kits.
Yes Needs Improvement

You may wish to maintain more than one school kit. Creating two is not harder than creating one, and an off-site backup may be what ensures that you have needed records.

\*See Appendix: READY Classroom: School Emergency Supplies and "Go Kits"





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## School Emergency Supplies and "Go Kits"

Every school, before and after care center, and day care center should store emergency supplies in preparation for either an evacuation or an emergency that requires students and staff to shelter in place. The safety team should select supplies that address the needs of the specific school, its population, climate, facilities, and resources. Because emergency supplies are so important, the school safety plan should reference both the supplies to be stockpiled and staff role responsible for stocking and replenishing.

#### "Go Kits"

In case of an emergency evacuation, it is critical that every classroom and the administration maintain a "go kit," a self-contained and portable stockpile of emergency supplies, often placed in a backpack and left in a readily accessible but secure location so that it is ready to "go." The school safety plan should reference the go kits and note the personnel to whom responsibility is delegated for stocking and replenishing them. The contents of the go kits should reflect the safety team's consideration of the school's circumstances and resources.

Go Kit Items for Consideration							
Administration Go Kit Supplies	Classroom Go Kit Supplies						
Clipboard with     List of students	Clipboard with     List of classroom students						
<ul> <li>List of students with special needs and description of needs (i.e. medical issues, prescription medicines, dietary needs), marked confidential</li> </ul>	<ul> <li>List of students with special needs and description of needs (i.e. medical issues, prescription medicines, dietary needs), marked confidential</li> </ul>						
<ul><li>List of school personnel</li><li>List of school emergency procedures</li></ul>	<ul><li>List of school emergency procedures</li><li>Whistle and hat for teacher identification</li><li>First aid kit with instructions</li></ul>						
<ul> <li>Whistle and hat for leadership identification</li> <li>Battery-operated flashlight</li> <li>Utility turnoff procedures</li> <li>Emergency communication device</li> <li>First aid kit with instructions</li> </ul>	Student activities (such as playing cards, checkers, inflatable ball)						

## School Emergency Supplies

Every school should store emergency supplies in case its students and staff are required to shelter in place due to an emergency or a lockdown. All supplies should be securely stored in an accessible, central location. They should be labeled, protected, and maintained. Supplies that have expiration dates (such as batteries, food, water, and prescription medications) must be replenished over time. The safety team leadership should delegate the responsibility for making sure that these kits are properly stocked and replenished.

Schools should consider the following lists in light of their particular needs. Some items are easily stored while others are not. For example, extra clothing for young students is commonly stored in the classroom; older students could store extra clothes in their lockers.

Source: U.S. Department of Education

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Supply Items for Consideration								
Administration Supplies List	Classroom Supplies List	Student and Staff Supplies List						
<ul> <li>Designated command post with student roster (and photos), emergency contact information, and staff roster (with photos) in the form of a sign in/sign out sheet.</li> <li>Reflective vests or other means of identifying safety team members</li> <li>Whistles</li> <li>Small directory with emergency telephone numbers of local drugstores, etc.</li> <li>Walkie-talkies</li> <li>Pens, pencils, or wax markers</li> <li>Change for payphones</li> <li>Special needs roster</li> <li>Campus layout maps with evacuation sites, first aid sites, and parent reunification site</li> <li>First aid supplies</li> <li>First aid instruction manual</li> <li>Medical gloves</li> <li>Food</li> <li>Water supply</li> <li>Battery-operated flashlight or light sticks</li> <li>Extra batteries</li> <li>Battery-operated radio</li> <li>Blankets</li> <li>Portable toilets, makeshift toilets, or garbage bags</li> <li>Sanitary items (toilet paper and towelettes)</li> <li>Work gloves</li> <li>Plastic sheeting</li> <li>Breathing masks</li> <li>Can opener</li> <li>Waterproof matches and container</li> <li>Lighter</li> <li>Multipurpose tool, wrench or pliers, and knife</li> <li>Speaker or megaphone</li> <li>Utility turnoff procedures</li> </ul>	<ul> <li>Clipboard with <ul> <li>List of classroom students</li> <li>(and photo)</li> </ul> </li> <li>List of students with special needs and description of needs (i.e. medical issues, prescription medicines, dietary needs), marked confidential</li> <li>List of emergency procedures</li> <li>Whistle &amp; hat (or other identifier) for teacher</li> <li>First aid supplies</li> <li>First aid instruction manual</li> <li>Medical gloves</li> <li>Food</li> <li>Water</li> <li>Battery-powered flashlight</li> <li>Batteries</li> <li>Blankets</li> <li>Bucket</li> <li>Sanitary items (towelettes &amp; toilet paper)</li> <li>Work gloves</li> <li>Breathing masks</li> <li>Plastic sheeting</li> <li>Duct tape</li> <li>Can opener</li> <li>Hard candies</li> <li>Student activities</li> </ul>	<ul> <li>Jacket, raincoat</li> <li>Change of clothes</li> <li>Hat, gloves, and scarf where applicable</li> <li>Food</li> <li>Water</li> <li>Personal prescription medications where applicable</li> </ul>						

Source: U.S. Department of Education

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Additional items that schools may want to consider include: radio equipment, emergency communication mechanisms, battery chargers, cigarette lighter cords, two extra 3A fuses, gas, and LED lanterns.

Schools may wish to coordinate plans for emergency clothing and sleeping supplies with the American Red Cross or another agency responsible for mass care in a crisis situation. In many situations the school will already be designated as an emergency shelter with plans already in place for storage of cots and blankets, etc.

Stockpiling personal prescription medications is complicated by many factors, including expiration dates, insurance, expense of extra doses, and temporary versus long-term needs. Schools may be able to arrange to have on hand more "routine" medications like insulin or epinephrine that could be kept in a first aid kit. Some medications will already be stored in the school for the chronic use of individuals. This is an issue that must, at least, be discussed with parents, the school nurse, and the administrator.

#### Additional Information and Resources:

Practical Information on Crisis Planning for Schools and Communities Developed by the U.S. Department of Education's Office of Safe and Drug Free Schools, the guide offers particularly useful information for schools assembling emergency supplies and classroom kits (see pages 6-25 to 6-27).

http://www.ed.gov/admins/lead/safety/emergencyplan/crisisplanning.pdf

#### FEMA: Are You Ready?

Get advice for families and individuals on creating kits for the home and at work. Much of the information is transferable to schools and their preparedness efforts. It offers guidance for choosing as well as storing and maintaining items.

http://www.fema.gov/areyouready/assemble\_disaster\_supplies\_kit.shtm

## **Supply Checklists**

Presented by Ready America (U.S. Department of Homeland Security) and accessible at Ready.gov. These checklists include supplies for such basic needs as food, clean air, and first aid. Special checklists are also available for portable kits and for people with special needs. <a href="http://www.ready.gov/america/getakit/index.html">http://www.ready.gov/america/getakit/index.html</a>

## Communication

#### COMMUNICATION SYSTEMS

Make sure communication systems have been developed and tested with faculty/staff, Parents/guardians, and community members.

Communication will "make or break" a disaster response. From a notice on the school building entrance doors identifying your new location and contact information, to a Public Information Officer correcting news reports about your school, communication is the key to letting people make the right decisions.

In an emergency these agencies may need information about the status of IRAA students in the district.

Fire Department Liaison		
	(Name)	(Phone)
Police Department Liaison		
	(Name)	(Phone)
EMS Liaison		
	(Name)	(Phone)
American Red Cross Liaisor	າ	
	(Name)	(Phone)

## WHAT should you communicate?

- School operation status reports
- Damage assessment
- Services offered or changed

- Schedule changes
- Location changes
- Other needs

## TO WHOM are you communicating?

- Disaster services partners
- Faculty/Staff
- Students and families

- Media
- General public
- Other

## WHO should communicate the message?

- Ensure they have proper training
- Ensure they have proper authority

Ensure they share consistent message

## **HOW should you communicate?**

- Electronic
- Paper

- Verbal
- Combination

## WHAT can you do or prepare in advance?

- School talking points/key messages
- Disaster/emergency response press release
- Emergency related funding solicitation
- Email, phone, pager, cell phone and fax lists
- Take crisis/risk communication training

The district has identified a Public Information Officer.  Yes Needs Improvement							
(Name)	(Contact Information)						
COMMUNICATION TOOLS							

Mastering how you send and receive information will help you in both crisis and opportunity. A variety of options is the key to maintaining communications.

## **SIGNAGE**

Make IRAA SEP signage visible and accessible for individuals requiring additional assistance including low/no-vision and non-English literate. Clear and visible signs indicating safety tools, exits and emergency instructions will help people to keep themselves safe while at your agency.

There are many communication tools we don't normally consider that may become useful if a disaster cuts off our normal channels.

- Bulletin Board/White Board
- Carbon Paper/NCR Paper
- CB Radios
- Cell Phones
- Digital Telephones
- Drums
- Flag Pole
- HAM Radios/ Weather Radios
- Megaphones/Bullhorns
- Pagers

- Palm Pilots/Blackberries/iPhones
- Public Signage
- Runners
- Walkie-Talkies
- Whistles
- Cable Access Television
- Mass 2-1-1

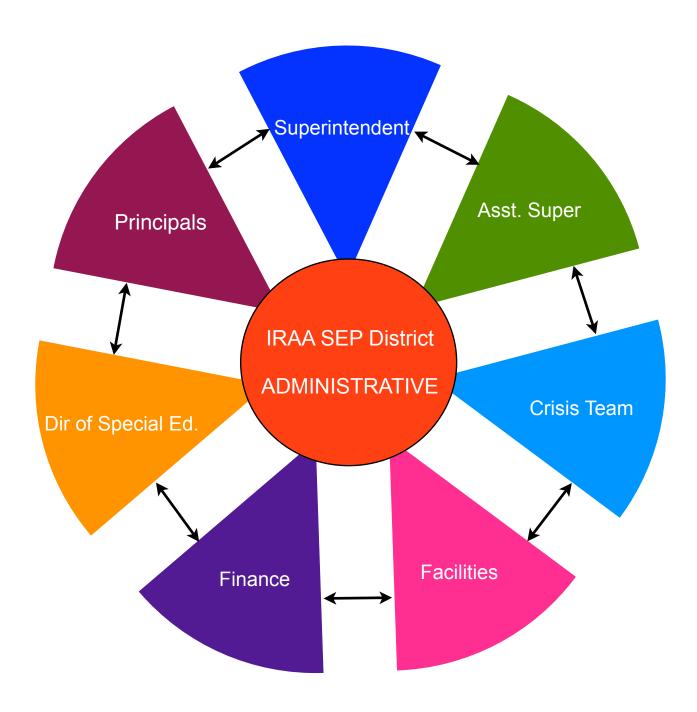
•							

## COMMUNICATION OUTREACH

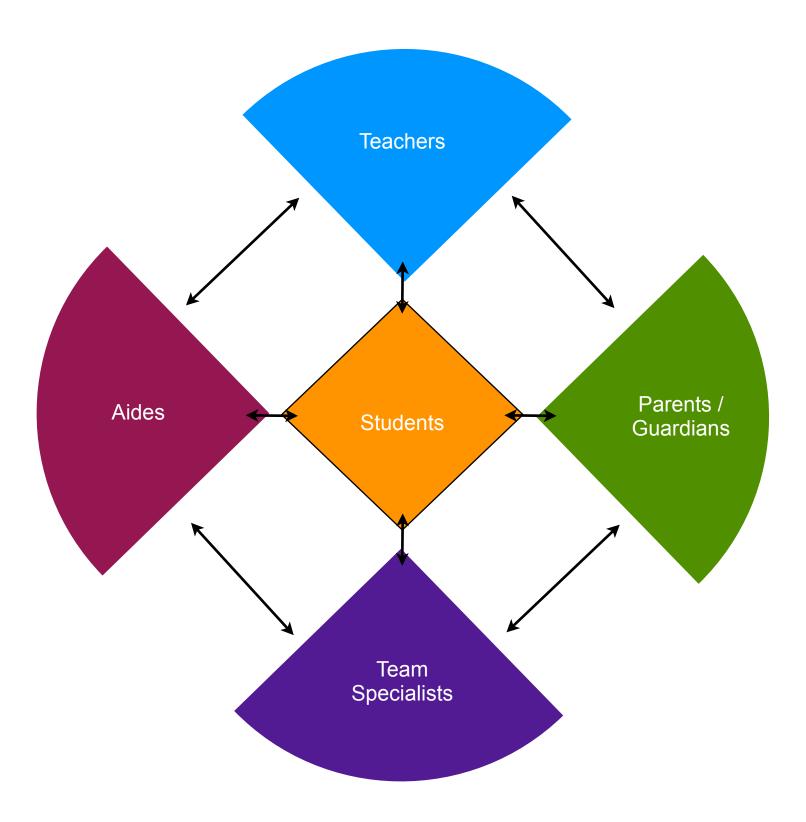
What are all the different ways you can speak to your community? Different methods have different advantages, and may help you reach people you had not reached before.

- Connect CTY/Reverse 911
- American Sign Language (ASL)
- Computers: DSL or Dial-up
- Door-to-Door Canvassing or Home Visits
- Municipal and School District Website
- Email and Listserves
- Fact Sheets or FAQs
- Fax Machines/WinFax
- Information Phone Lines (800 numbers)
- In-person Events, Workshops or Classes
- Language Translators
- Mailing Lists: Brochures, Fliers, Newsletters
- Radio
- Television
- Video/Cassette Tape/CD-ROM/DVD
- 2-1-1 Toll-Free, Resource and Information Centers

# **IRAA SEP District**



# IRAA SEP Student - Classroom



# **Evacuation/Transportation**

OVERVIEW: MAKE SURE THAT EACH SCHOOL CAN GET ALL STUDENTS, FACULTY AND STAFF TO A SAFE ALTERNATIVE SITE

Fire, hazardous material spills or structural damage may require you to evacuate your building.

- Are there those who will need assistance evacuating your schools? Assign staff and faculty to help these participants and have assistive aids/devices available to help with their evacuation. Remember there may be faculty and staff wo require additional assistance for themselves.
- 2. If your schools must be evacuated, assign staff the responsibilities of taking a head count to ensure that all students, faculty and staff have exited.
- 3. Practice your evacuation plan with community responders. Incorporate drills into professional development plans.
- 4. Post accessible multi-venue notices indicating where the school and student body have moved.
- 5. Reverse Evacuation is a component of school safety and emergency preparedness that should be included in planning, exercises and drills.

6.	The district has assigned faculty and staff to lead evacuations.
	Yes Needs Improvement
7.	The district has trained all faculty and staff on school emergency preparedness evacuation and transportation protocols.
	Yes Needs Improvement

## CONTACTS

The following suggestions anticipate that you must evacuate your building and that you are responsible for the care and shelter of the people you serve.

1. Locate and secure a temporary shelter to be used (consider churches, nearby community centers, schools, other residential facilities). The district may want to develop mutual aid agreements with these sites.

Te	emporary Shelter Name: _	
Сс	ontact Name:	Phone:
Ad	ldress:	
2.		nunication system for letting the family and community your sheltering students have been moved.
3.	at the temporary shelter Yes Needs Improv	en identified that may need additional services/equipment and the resources to obtain the needed items.  vement eated" should appear on this, as well as on all other
4.	The district has identifie students to a temporary Yes Needs Improve	
Alt	ternative Transportation:	
	ontact Name:	
5.	<del>-</del>	ed responsibility for the care of students at the alternate son or persons. It is recommended that this is a Safety

	<ol> <li>If evacuated, students, faculty and staff may need the following items at a temporary shelter.</li> <li>a.</li> </ol>	
	b	
	<ol> <li>The district includes policy makers, school board member in the school safety emergency preparedness planning.</li> <li>Yes Needs Improvement</li> </ol>	
C	MMUNITY RESOURCES	
Kr	ow the sources for supplies/equipment to accommodate IRAA SEP in the communit	у
1.	If you do not have a back-up generator, in an extended power outage, where can you rent or borrow a generator? Create a written agreement with this supplier.	
2.	Carry mobile telephone chargers with you to school.	
3.	Where is the nearest public health clinic?	
	Clinic Name:	
	Address:Phone:	
4.	Where is the nearest place to go for help if phones are not working?	
	Place Name:	
	Address:Phone:	
5.	Where is the nearest fire station and do they know about you?	
	Station Name:	
	Address:Phone:	
6.	Where is the nearest police station and do they know about you?	
	Station Name:	
	Address: Phone:	

## Collaboration

Make sure preparedness resources in your neighborhood are clear. Post a large, clear map of your neighborhood. Note these potentially valuable resources, and highlight:

## **Key Resource Framework**

- City Hall
- Other Government Offices
- Fire Station
- Police Station
- Red Cross or Town Shelter
- Public Library

## Liaison/Connections

- Funders
- Partner Agencies
- •

## **Supplies**

- Hardware Stores
- Disaster Stores
- Drugstores
- Sports/Camping Stores
- "Big Box" Stores
- Dollar Stores
- \_\_\_\_\_

## Food/Water

- Restaurants
- Soup Kitchens
- Grocery Stores
- Corner Stores
- •

## **Possible Gathering Points**

- Church, Synagogue
- School
- Gym
- Shelter
- Open Space
- •

## Medical

- Hospital
- Clinic
- Veterinary Offices
- Pharmacy
- •

#### **State**

- Mass211 help-line (Mass211help.org)
- Mass Dept. of Public Health Emergency Preparedness (Mass.gov/eohhs)
- Western Mass IRAAPP (WesternMassREADY.org/IRAA)
- •

## Workbooks

## **INTRODUCTION**

The following manuals are meant to serve as school emergency plan templates for students, parent/guardians and faculty/administrators. The manuals may be copied and distributed in whole or in part with written credit given to:

Western Region Homeland Security IRAA School Emergency Preparedness project – http://westernmassready.org/iraa/index.html

### Let's Make A Plan!



'S

## Personal Preparedness Plan

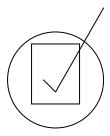


In an emergency, people help each other. List some ways that you might be able to help others, and some ways that you might need some help.

#### I can offer:



#### I may need help with:



In this Workbook, there will be lists of items for you to consider and come back to. Circle a box if you need to come back to it. After this Workshop, once you have completed the item, check the box. That way you will know that any box that is circled and checked is a completed item in your plan.



I have insurance policies for:

<u>Medication informati</u> Name Dosage	<u>on</u> : Dr. Contact Informa	tion	Pharmac	y Number
I am allergic to: <u>Assistive/adaptive te</u> Name of device		Size	Weight	Dr. who Prescribed
<ul> <li>medical records, a</li> <li>passport and driver</li> <li>birth certificate, so</li> <li>marriage license,</li> <li>picture of myself l</li> </ul> Veterinarian Name &	er's license ocial security card and deeds, and stocks/b holding sign with my	nd wil	 	•
□ I can find and shu	ıt off my utility valves	S		



### My Checklist of Emergency Supplies

	non-perishable food with manual can-opener
	water (1 gallon per person per day, plus animal water)
	flashlight and radio with batteries, if needed
	standard telephone
	thermometer
	sanitation and hygiene items
	cleaning supplies for equipment and area
	batteries (hearing-aids, wheelchairs, oxygen, cell phones, etc.)
	signaling device (whistle, horn, beeper, bell, light)
	cash and checks
	change of clothing to fit the weather
	sunscreen
	prescriptions: medicines, eye-glasses
	jumper cables or specific recharging device for car's cigarette lighter
	other
	other
_	athor
Ш	other



eas for Individuals with Emotional and/or Mental Disabilities: keep a personal safety plan take my sensory tools with me help with setting up wellness or quiet room at shelter other
eas for Individuals with Mobility Disabilities: heavy gloves to use while wheeling around over glass and debris patch kit to repair flat tires spare cane or walker back up lightweight manual chair other
eas for Individuals with Developmental or Cognitive Disabilities: communication devices and spare batteries paper and writing materials favorite item to help me maintain focus while waiting in lines other



paper with pens or pencils for writing notes extra batteries for tape recorders, portable TTYs, etc. extra pair of dark glasses, if medically required folding mobility cane National Weather Radio (NWR) other	_
eas for Individuals with Chemical Sensitivities, Breathing Conditions: towels, masks, industrial respirators or other supplies to filter air supplies to filter air supplies to filter mask beware of fumes from idling emergency and other vehicles other	ply -
eas for Owners of Pets or Service Animals: food, medicine, and favorite toy for your service animal plastic bags, disposable gloves, and other items for animal's care cage/carrier labeled with contact information identification tags, consider microchip implant veterinary records and proof of ownership first aid kit and manual (call your vet) leash, collar, harness, muzzles (for dog or cat) stakes and tiedown litter, litter pan, litter scoop; Newspaper (for bedding or litter) no-spill food and water dishes other	k



My Personal Network (during an emergency):

Name Contact Information

Relationship

100 Mile Emergency Contact List:

Name Contact Information

Relationship

Possible Ideas for a Phone Tree:

Other Peoples' Plans To Learn:

Name Contact Information Relationship



### I can minimize the risk of danger and be safer by:

cut trees away from property or power lines
test carbon monoxide and smoke alarms
place fire extinguishers around house
store chemicals and flammable products away from heat sources
clean and repair chimneys, flue pipes, connectors, and gas vents
always evacuate when told to
mobile homes: review your contract with the mobile park – who is responsible for removal of home if it is damaged in a storm?
other
other



<u>D</u> ı	<u>uring an event, I can</u> :
	be aware of my reaction
	be aware of others' reactions
	be gentle with myself and others
	review common reactions to emergencies and seek help:
	anxiety, crying, anger, flashbacks, sleep disruption headaches, nausea, chest pains, tremors, rapid breathing heart palpitations, confusion, inability to communicate indecisiveness, increase use of alcohol/drugs, family problems
	other
<u>W</u>	hen I return home or once the power goes back on, I will:
	check for gas smell (don't enter a home if you smell gas)
	avoid contaminated waters – touching and drinking
	avoid driving through deep puddles and drive slowly
	(puddles may be deep and may have electrical current in them)
	check for structural, plumbing and/or electrical damage
	trash old food
	record any damage and take photos
	watch for mold growth
	consult a contractor before you rebuild
	reach out to others for support
	consider volunteering
	exercise
	other

#### Practicing My Personal Preparedness Plan

evacuate different ways out of a building
use the equipment I would use in an emergency
include my personal network in my drills
quickly explain to people the best way to help me
make index cards that list:
medical conditions and allergies
medications
help I might need
immunization dates
communication or speech-related issues
adaptive equipment
sanitary needs
keep gas in the car and have essentials on hand
other
other

### Maintaining My Personal Preparedness Plan

	try plan at school, work, restaurants, libraries, independent living centers
cl	ubhouses, etc.
	update information lists, supplies, and contacts each month
	learn about drills in your community and try to participate
П	other





## **My Personal Emergency Plan**

Name of Student	
IRAA SEP	
Personal Emergency Plan (PEP)	
Today's Date:	
Completed By:	

#### Instructions: To be completed by student, faculty, parent and/or caregiver.

In an emergency, people help each other. List some ways that you might be able to help others, and some ways that you might need some help.



→ Insert photo chosen by student of her/himself and friends/family.

I can help by:	 	 
-		

→ Student may be encouraged to draw a picture of her/himself above as a helper in an emergency.



In an emergency, I may need help with:

→ Student may be encouraged to draw a picture of her/himself above receiving help in an emergency

### PERSONAL INFORMATION

Child's Name:		Nick Name:	
Child's Street Address:			
City or Town:			
Date of Birth:	Gender:	Height:	Weight
Hair Color:	Eye Color:		
Identifying Marks:			
Blood Type:	Allergies:		
Primary spoken/understo	ood language:		
EMERGENCY CONTA	CT INFORMATIO	<b>DN</b>	
Primary Emergency Con	tact Name:		
Parents/Guardian Name	s:		
Street Address:			
City or Town:			
Please provide contact in	nformation and circ	le the best methods	s for reaching you:
Home Phone:		Home Email:	
Work Phone:		Work Email:	
Mohile Phone:			

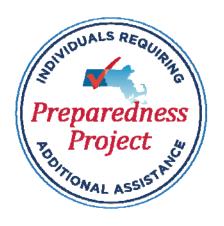
#### **FUNCTIONAL NEEDS: SUPPORT IN AN EMERGENCY**

		?	Please describe:
	(Insert student's name)		
Does s/he have a	favorite activity or object?	Please describe:	
→ Insert photo of si	uffed animal, toys, objects, e	tc.	
a dha an an dhina a			
s there anything e	else that you want emerger	ncy responders and scho	ool personnel to
know about	(Insert student's name)		?
	(Insert student's name)		



→ Optional photo of student and family member here:

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## **My Personal Emergency Plan**

Name of Student
IRAA SEP
Personal Emergency Plan - X (PEP-X)
Today's Date:
Completed By:

In an emergency, people help each other. List some ways that you might be able to help others, and some ways that you might need some help.



→ Insert photo chosen by student of her/himself and friends/family.

I can help by: _	 	 

→ Student may be encouraged to draw a picture of her/himself above as a helper in an emergency.



In an emergency, I may need help with:

→ Student may be encouraged to draw a picture of her/himself above receiving help in an emergency

PERSONAL INF	ORMATION		
Child's Name:			
Nick Name:			
Child's Street Add	ress:		
City or Town:			
Date of Birth:	Gender:	Height:	Weight:
Hair Color:	Eye Color:	Identifying Mark	ks:
Blood Type:	Allergies:		
Primary spoken/ui	nderstood language:		
EMERGENCY C	ONTACT INFORMAT	ION	
Primary Emergeno	cy Contact Name:		
Parents/Guardian	Names:		
Street Address:			
City or Town:			
Please provide co	ntact information and c	ircle the best metho	ds for reaching you:
Home Phone:		Home Email:	
Work Phone:		Work Email:	
Mobile Phone:			

AND

Secondary Emergency Contact Name:	
Parents/Guardian Names:	
Street Address:	
City or Town:	
Please provide contact information and circ	cle the best methods for reaching:
Home Phone :	_Home Email:
Work Phone:	Work Email:
Mobile Phone:	
OTHER INFORMATION	
Please describe any additional information	
below including custody or other relevant m	natters that may enhance communication
between(Insert student's name)	and the school.
(mostrotadon e name)	

#### **SERVICE PROVIDERS**

Pediatrician:			
	(name)	(phone)	
Dhysical Thoronists			
Physical Therapist: _	(name)	(phone)	
	(name)	(priorie)	
Occupational Therap	oist:		
	(name)	(phone)	
Develoriet			
Psychiatrist:	(name)	(phone)	
	(**************************************	(15.10112)	
Behavioral Health Co	ounselor:		
	(name)	(phone)	
Other Providers (DC	A oto ):		
Other Providers (PC)	A, etc.):	(phone)	
	(********)	(	
Health Insurance Co	mpany and Policy Number:		
The most critical info	ermation to know about:		is:
The most entical into	ormation to know about:	(Insert student's name)	13.
1			
•			
2			
3			
4			
5.			

FUNCTIONAL NEEDS: MEDICAL
Potentially life-threatening conditions:
Conditions needing constant attention:
Medicines:
Life-sustaining medicines:
Medical or adapted equipment (if used, please specify):
Planning documents for life-threatening condition(s) are stored and located at:

# **FUNCTIONAL NEEDS: CRITICAL ISSUES Nutrition** What accommodations are required to eat? \_\_\_\_\_ Special Diet: Hygiene Toileting/Bathing: **Sleeping** Lighting: Sounds: \_\_\_\_\_ Other:

## FUNCTIONAL NEEDS: SUPPORT IN AN EMERGENCY During a disaster or emergency is likely to (Insert student's name) need support or help in the following areas: Communication: Reading Writing Reasoning Hearing Behavior Management and Mood (please describe): Hearing and Sight: \_\_\_\_\_ Mobility, Movement and Physical Stamina: Taking Medicines and Monitoring Medical Conditions: Activities of Daily Living (dressing, grooming, tooth brushing, bathing, toileting, eating, drinking, sleeping): Service Animal(s) –Type/Function (please attach picture and name of service animal): Transportation: Cultural Practices:

## **FUNCTIONAL NEEDS: SUPPORT IN AN EMERGENCY** What strategies, tools, equipment or items bring comfort to ? Please describe: (Insert student's name) Does s/he have a favorite activity or object? Please describe: → Insert photo of stuffed animal, toys, objects, etc. Is there anything else that you want emergency responders and school personnel to ? know about (Insert student's name) Please describe::



→ Optional photo of student and family member here: